


October 2018 Breakfast Menus

Menus are subjected to change. Oatmeal served on Friday as choice. And Justice for all.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 English Muffin Sandwich Grapes Juice & Milk	2 Whole Wheat Donut Cereal Star Apple Juice & Milk	3 Biscuit & Sausage Gravy Peaches Juice & Milk	4 French Toast Omelet Pineapple & Oranges Juice & Milk	5 Taco Go Bananas Juice Milk	6
7	8 Coffee Cake Cereal Tropical Fruit Juice & Milk	9 Cinnamon Roll Cereal Grapes Juice & Milk	10 Breakfast Bagel Cantaloupe Juice Milk	11 Pancake Sausage Pears Juice & Milk	12 Toast Scrambled Eggs Apricots Juice & Milk	13
14	15 Pumpkin Muffin Cereal Oranges Juice & Milk	16 English Muffins Cereal Fruit Cocktail Juice & Milk	17 Cinnamon Toast Cheese stick Strawberries Juice & Milk	18 Pancake on a Stick Pineapple Juice Milk	19 Breakfast Pizza Raisins Juice Milk	20
21	22 Breakfast Wrap Peaches Juice Milk	23 Bagels Cereal Mandarin Oranges Juice Milk	24 Oatmeal Muffin Cereal Pears Juice & Milk	25 Cinnamon Breadstix Cereal Tropical Fruit Juice & Milk	26 NO School	27
28	29	30 NO School	31 Yogurt Cereal Oranges Juice & Milk			

October 2018 Lunch Menus

Menus are subjected to change. PBJ or yogurt are alternated entrée choices for Grade 4-6. Chef salads are available daily & optional entrée choices for Grade 7-12.
And Justice for all.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Cheeseburger Oven Fries Tomatoes Star Apple & Milk	2 Cream Chicken Mash Potatoes Biscuit Cooked Broccoli Peaches & Milk	3 Pigs in a Blanket Cooked Carrots Cucumbers Pineapple & Oranges Oatmeal Bars & Milk	4 Meaty Cheesy Nacho Tortilla Chips Lettuce Spanish Rice Applesauce & Milk	5 Chicken Fajita Refried Beans Lettuce Coffee Cake Tropical Fruit & Milk	6
7 Spaghetti Green Beans Garlic Bread Grapes Milk	8 Rib Sandwich Cheesy Potatoes Green Peppers Fruit Cocktail Milk	9 Chicken Sandwich Potato Smiles Veggies Cantaloupe Milk	10 6 th Grade Meal Pizza Romaine Lettuce Corn Choc. Chip Cookie Applesauce & Milk	11 Ham & Cheese Zombies Baked Beans Sweet Potato Fries Apricots & Milk	12 Turkey Mash Potatoes Pumpkin Muffins Cooked Carrots Oranges & Milk	13
14	15 Rib Sandwich Cheesy Potatoes Green Peppers Fruit Cocktail Milk	16 Chicken Quesadilla Salsa Lettuce Salad Snicker Doodle Strawberries & Milk	17 Corn Dogs Green Beans Veggies Asian Rice Pineapple & Milk	18 Chili Crackers Cheese stick Cinnamon Roll Celery Raisins & Milk	19 Fried Chicken Mash Potatoes Broccoli Salad Dinner Roll Peaches & Milk	20
21	22 Sub Sandwiches Romaine Lettuce Tomatoes Doritos Mandarin Oranges Milk	23 Chicken Nuggets Oven Fries Peas Garlic Bread Pears Milk	24 Taco Salad Refried Beans Lettuce Cinnamon Breadstix Tropical Fruit Milk	25 Chicken Fried Steak Mash Potatoes Dinner Roll Corn Apple Crisp Milk	26 No School	27
28	29	30 No School	31 Pork Patty Sandwich Baked Beans Veggies Oatmeal Cookie Milk	